

Ascension of
the Lord

Ascensión
del Señor

St. John Neumann Catholic Community

Spirituality in the Tradition of St. Francis de Sales

Parish Mission Statement

We, the faithful of St. John Neumann Catholic Community, commit ourselves to celebrating and giving witness to the presence of God in our midst by living the Gospel to its fullest. May we do all things in the spirit of St. Francis de Sales with compassion, humility and gentleness.

Declaración de la Misión

Nosotros, la Comunidad Católica en San Juan Neumann, nos comprometemos a celebrar y dar testimonio de la presencia de Dios entre nosotros viviendo el Evangelio en su plenitud. Que hagamos todas las cosas en el espíritu de San Francisco de Sales con compasión, humildad y mansedumbre.

Office Information

11900 Lawyers Road
Reston, VA 20191
Phone: 703-860-8510, Fax: 703-860-2136
After Hours Emergency: 571-464-3603
Español: 703-860-8511
Email: info@saintjn.org

Office Hours

Monday-Friday: 9:00 am – 5:00 pm

Website/Social Media Contacts

www.saintjn.org
Facebook: St. John Neumann, Reston
Instagram: [sjnreston](https://www.instagram.com/sjnreston)

Weekend Mass Schedule

Saturday Vigil: 5:00 pm
Sunday: 7:30 am, 9:30 am,
11:30 am, 5:00 pm
Domingo Español: 2:00 pm

Weekday Mass Schedule

Monday-Friday: 9:00 am
Monday, Wednesday, Friday: 12:10 pm

Reconciliation

Saturday 10:00 – 10:30 am
Also by Appointment



Parish Staff

(Please use the 703 area code for all numbers.)

Pastor

Rev. Joseph T. Brennan, OSFS 860-8510 x143
Email: jbrennan@saintjn.org

Parochial Vicar

Rev. Donald J. Heet, OSFS 860-8510 x157
Rev. Michael Murray, OSFS 860-8510 x145

Permanent Deacons

Deacon Atanacio Sandoval 860-8510
asandoval@saintjn.org
Deacon John A. Wagner jwagner@saintjn.org

Administration

Office Administrator	Patty Kwapniewski	860-6147
Office Secretary	Mary Steen	860-8510
Hispanic Coordinator	Celia Sandoval	860-8511
Communications	Duane Hyland	390-2353
Manager	Email: communications@saintjn.org	
Bulletin Submissions	Email: bulletin@saintjn.org	
Accountant	David Anderson	860-6142
Bookkeeper	Mykelle Laws	860-6167
Parish Nurse	Susan Infeld, RN	390-2349
	Email: sinfeld@saintjn.org	
Facilities Manager	Nelson Alvarez	390-2343
Custodian	Alfredo Jimenez	860-8510
Custodian	Hever Melgar	860-8510

Liturgical Ministry

Director of Music	C. J. Capen	390-2352
Coordinator of Liturgy	Tricia Russman	860-6151
Liturgy & Music		
Coordinator	Amelia Gil-Figueroa	860-6150

Faith Formation

Director	Jean Lupinacci	860-2815
Coord. K-5	Thomas Patchan	390-2340
Coord. 6-8	Angela Davis	860-6156
Coord. Youth and	Eric Muñoz	390-2345
Young Adult Ministries		860-6141
Admin. Assistant	Silvia Bustamante	390-2348
Office Coordinator	Betsy Puzzanghero	860-6155

Outreach

Director of Outreach	Jo-Ann Duggan	860-6149
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Preschool

	Kathy Dallessandro	860-6158
	Email: preschool@saintjn.org	

Council Chairs

Pastoral Council	Mark Mechler	
	Email: sjn.pc@saintjn.org	
Finance Council	Dean Guerra	
	Email: sjn.fc@saintjn.org	

To Report Sexual Abuse or to get Support

- For an emergency, call **911**
- Fairfax County Child Protective Services: **703-324-7400**
- Diocese of Arlington's Office of Child Protection (to report and get support): **703-841-3847** or www.arlingtondiocese.org/Child-Protection/
- Please visit saintjn.org/action/ for more help.

Dear Parishioners,

Please see the Parish Quarterly Report in this bulletin, which represents the past three quarters of the 2022-2023 Fiscal year. As you will see, the overall parish's financial health is good. This current report explains our DIAL accounts.

By maintaining and growing a healthy DIAL account, we can continue to be good stewards and cover future needs and emergency expenses when they arise. A good example of having a strong DIAL account is the construction of a new bell tower several years ago. This project cost more than \$700,000 to complete. We were able to pay for this project without having to conduct any type of Capital Campaign because we have a healthy DIAL Replacement Reserve.

Thank you for supporting our parish. Your contribution to the Sunday collections helps us to pay for ongoing operating requirements and to grow our DIAL accounts. Having a healthy Dial Account balance allows us to plan responsibly for the future.

On another note...

Welcome and congratulations to Lauren Snyder, Jonathan Conrad, Jacob Ciango, and Karen Clerici, who we will receive into the full communion of the Catholic Church at the 5:00pm Sunday Mass on April 21, the Ascension of the Lord. Congratulations also to Tim Bohne, who will join them in receiving the Sacrament of Confirmation at the same Mass.

As we prepare to conclude the Easter Season, I encourage you to join us at a special multicultural Pentecost Mass next Sunday at 12:00pm. We will not have the 11:30am or 2:00pm Mass on that day. For this special 12:00pm Mass, we encourage you to wear something red or represent your native dress. We will have a grand celebration potluck in the Parish Hall after the Mass.

Please see more information inside this bulletin and on the website.

Live Jesus,
Fr. Joe

Para leer la carta del P. Joe a la parroquia en español, visite <https://saintjn.org/14175/carta-del-p-joe-a-la-parroquia-el-21-de-mayo/>.

SJN Offices Closed Monday, May 29

The SJN Parish Offices will be closed next Monday, May 29, in observance of the Memorial Day holiday. They will reopen at 9:00am on Tuesday, May 30. If you need a priest during this time for a serious illness or death, please call our emergency line at 571-464-3603.

Oficinas de SJN Cerradas Lunes, 29 de Mayo

Las Oficinas de la Parroquia SJN permanecerán cerradas el próximo lunes 29 de mayo, en observancia del feriado del Día de los Caídos. Reabrirán a las 9:00am el martes 30 de mayo. Si usted necesita un sacerdote durante este tiempo por una enfermedad grave o muerte, por favor llame a nuestra línea de emergencia al 571-464-3603.

Worship | Adoración

This Sunday's Readings - The Ascension of the Lord Lecturas de este domingo - La Ascensión del Señor

Acts of the Apostles | Hechos de los Apóstoles 1:1-11;
Psalm | Salmo 47:2-3, 6-7, 8-9 (6); Ephesians | Efesios 1:17-23;
Matthew | Mateo 28:16-20

Readings For the Week | Lecturas de la semana

Monday, May 22 | Lunes, 22 de Mayo

St. Rita of Cascia; Sn Rita de Casia

Acts of the Apostles | Hechos de los Apóstoles 19:1-8;
Psalm | Salmo 68:2-7; John | Juan 16:29-33

Tuesday, May 23 | Martes, 23 de Mayo

Acts of the Apostles | Hechos de los Apóstoles 20:17-27;
Psalm | Salmo 68:10-11, 20-21; John | Juan 17:1-11a

Wednesday, May 24 | Miércoles, 24 de Mayo

Acts of the Apostles | Hechos de los Apóstoles 20:28-38;
Psalm | Salmo 68:29-30, 33-36b; John | Juan 17:11b-19

Thursday, May 25 | Jueves, 25 de Mayo

St. Bede the Venerable; St. Gregory VII; St. Mary Magdalene de 'Pazzi; San Beda el Venerable; San Gregorio VII; Santa María Magdalena de 'Pazzi;

Acts of the Apostles | Hechos de los Apóstoles 22:30; 23:6-11;
Psalm | Salmo 16:1-2a, 5, 7-11; John | Juan 17:20-26

Friday, May 26 | Viernes, 26 de Mayo

St. Philip Neri; San Felipe Neri

Acts of the Apostles | Hechos de los Apóstoles 25:13b-21
Psalm | Salmo 103:1-2, 11-12, 19-20b; John | Juan 21:15-19

Last Week for our 12:10pm Mass Before its Summer Break

Our 12:10pm Mass on Mondays, Wednesdays, and Fridays will end this Friday, May 26. It will resume on Wednesday, September 6.

Última semana para nuestra Misa de 12:10pm antes de su pausa de Verano

Nuestra misa de 12:10pm los lunes, miércoles y viernes terminará este viernes 26 de mayo. Se reanudará el miércoles 6 de septiembre.

RCIA Rite of Reception

Our parish community celebrates this weekend as **Lauren Snyder, Jonathan Conrad, Karen Clerici, and Jacob Ciango** join us for the first time at the Table of the Lord. We will receive them into the full communion of the Catholic Church at the Sunday 5:00pm Mass. They will receive the sacraments of Confirmation and Eucharist along with **Timothy Bohne**, who was baptized in the Catholic Church. They have been accompanied on their faith journeys by their sponsors Peggy Smith, Luke High, Megan Hilal, Susan Mary Jecko, and Margaret Emerson. In the past months, they have been attending Mass, learning about the Catholic faith, and becoming involved in the life of our community. Let us pray for them and all of our candidates as we continue to provide them with the love and support of our parish.

SJN RCIA

Daily Mass Intentions

Saturday, May 20

For the Seventh Sunday of Easter

5:00pm Gary McKinney †

Sunday, May 21

The Seventh Sunday of Easter

7:30am People of the Parish

(Special Intention)

9:30am Pete & Anne Perich ††

11:30am Mercedes Pastor †

2:00pm Rosita Espinal †

5:00pm Shawn Soper †

Monday, May 22

9:00am Bob & Marguerite Reiling ††

12:10pm Margaret Mary Brennan †

Tuesday, May 23

9:00am Kate Rupell

(Special Intention)

Wednesday, May 24

9:00am Stephan Michael Rawles †

12:10pm Thomas O'Connor †

Thursday, May 25

9:00am Gina Frisancho

(Special Intention)

Friday, May 26

St. Philip Neri

9:00am Alonso Robles †

12:10pm Dr. & Mrs. Joseph
Falcone ††

Saturday, May 27

For Pentecost Sunday

5:00pm Alberto Razzano †

Sunday, May 28

Pentecost Sunday

7:30am People of the Parish

(Special Intention)

9:30am Mike Prendergast †

Noon Our Beloved Pastor,

Fr. Joe Brennan, OSFS

(Special Intention)

5:00pm Anton Obernberger

(Special Intention)

Prayer List

Deceased: Fr. John Crossin, OSFS;
Colette Bollens, mother of Michele
Bevington; Anna Small, mother of
Glenn Small and grandmother of Delia

Sacramental Celebrations

Baptisms: Mary Claire Elizabeth
Johnston, Holden Lin Park, Emil Xavier
Villamore

Worship | Adoración

Next Sunday's Readings

Next weekend we celebrate **Pentecost Sunday**. Please prepare for Mass by reflecting on these texts:

Acts of the Apostles 2:1-11 "...the Spirit moves Jesus' followers and uses them as his agents to preach..."

Psalms 104:1, 24, 29-30, 31, 34 (30) "Lord, send out your Spirit, and renew the face of the earth."

1 Corinthians 12:3b-7, 12-13 "...there are different types of spiritual gifts, ways of service or ministering to others..."

John 20:19-23 "...they have a new mission, which is to continue the work that God had given to Jesus to do—to be the light that casts out darkness."

(Workbook for Readers, Gospel Readers and Proclaimers of the Word 2023, LTP 2023)

Lecturas del próximo domingo

El próximo fin de semana celebramos el **domingo de Pentecostés**. Por favor, prepárense para la Misa reflexionando sobre estos textos:

Hechos de los Apóstoles 2:1-11 "...el Espíritu mueve a los seguidores de Jesús y los utiliza como agentes suyos para predicar..."

Salmo 104:1, 24, 29-30, 31, 34 (30) "Señor, envía tu Espíritu y renueva la faz de la tierra".

1 Corintios 12:3b-7, 12-13 "...hay diferentes tipos de dones espirituales, formas de servir o ministrar a los demás..."

Juan 20:19-23 "...tienen una nueva misión, que es continuar la obra que Dios había encomendado a Jesús: ser la luz que echa fuera las tinieblas."

(Cuaderno de trabajo para lectores, lectores del Evangelio y proclamadores de la Palabra 2023, LTP 2023)

Stewardship | Administración

Diocesan Retired Priests' Second Collection!

Our second collection this weekend is for our retired diocesan priests. This collection is an opportunity for you to give back to our retired priests who have given the greater part of their lives to serve you and our diocesan Church. There are 29 retired priests and 18 diocesan priests who will retire in the next ten years. Please consider donating to this important collection. Thank you for your kind support.

Segunda Colecta Para Los Sacerdotes Diocesanos Jubilados

Nuestra segunda colecta de este fin de semana es para nuestros sacerdotes diocesanos jubilados. Esta colecta es una oportunidad para retribuir a nuestros sacerdotes jubilados que han dado la mayor parte de sus vidas para servirle a usted y a nuestra Iglesia diocesana. Hay 29 sacerdotes jubilados y 18 sacerdotes diocesanos que se jubilarán en los próximos diez años. Por favor considere donar a esta importante colecta. Gracias por su amable apoyo.

Stewardship of Treasure:

Week ending May 14, 2023

Offertory - Regular Sunday	42,842
(Cash/Check \$22,197)	
(Electronic \$20,645)	
Total Budget	46,500
Variance	\$ (3,658)

YTD (includes Christmas & Easter)

YTD Offertory	2,358,492
YTD Budget	2,271,000
Variance	\$87,492

Quarterly Financial Report

What is DIAL?

Have you noticed the term “DIAL” in prior parish financial reports? Perhaps you are familiar with this term, perhaps not. However, this is an important item when evaluating if our parish has the financial savings to handle major renovations, facilities maintenance, and emergency or unplanned repairs.

Much like a household having a savings account or emergency fund for future and unexpected needs, the parish has DIAL accounts to cover those same needs.

DIAL is the Diocesan Investment and Loan Corporation. The DIAL Corp. was established for the benefit of parishes, missions, and schools of the Diocese of Arlington and functions much like a savings and loan institution. Participants, such as a parish, deposit excess funds in DIAL in return for a fixed and stable interest rate. Participants may request deposited funds or obtain loans for construction, renovation, or operating needs. Loans also have a fixed and stable interest rate.

SJN is blessed with generous parishioners who give consistently to the Sunday collection helping us to pay for on-going operating requirements and to grow SJN DIAL accounts. As of March 2023, SJN has a total DIAL balance of \$4.8 M; comprised of \$1.6M Operating Reserve, \$3.2M Replacement Reserve, and \$90k in an Extraordinary Dividend account.

As our church facility ages, requiring maintenance and repairs, and our ministry and community demands grow, it's increasingly essential that we maintain and increase DIAL balances. This is another reason why your continued support and Sunday collections are needed.

As good stewards, we are all responsible to ensure our parish is available and in good physical and financial shape for future generations of SJN parishioners.

July 1 - March 31: Fiscal Year to Date Actuals		
03-31-23	03-31-22	Category
1,991,083	1,981,398	Offertory Revenue
365,284	361,144	Programs & Ministries
157,070	183,866	Other Sources
2,513,437	2,526,408	Total Income
193,360	183,690	Clergy & Religious
1,529,948	1,397,723	Program & Ministries
259,196	251,632	Building
367,666	339,850	Administrative & Assess-
2,350,170	2,172,895	Total Expenses
163,267	353,513	Operating Income/(Loss)

- ◆ Overall, the parish financial health is good.
- ◆ This first table compares year-to-date results with same period results for the prior year. This table helps us to understand what categories of income and expenses are changing when compared to the prior year.
- ◆ The table shows that total income is slightly below the prior year. Sunday collections, liturgical/sacramental offerings, and fundraising donations for Work Camp and middle school service projects are greater than the prior year. These favorable results are offset by lower-than-expected community service donations and Other Church income.
- ◆ All Expense categories are higher than the prior year. This result is expected and is an indicator

July 2022 - March 2023: Actual to Budget		
ACTUAL Jul 22-Mar 23	BUDGET Jul 22-Mar 23	Category
1,991,083	1,951,000	Offertory Revenue
365,284	342,255	Programs & Ministries
157,070	175,180	Other Sources
2,513,437	2,469,435	Total Income
193,360	197,936	Clergy & Religious
1,529,948	1,620,532	Program & Ministries
259,196	269,990	Building
367,666	398,144	Administrative & Assessments
2,350,170	2,486,602	Total Expenses
163,267	(17,167)	Operating Income/(Loss)

- ◆ The second table compares year-to-date results with the year-to-date budget. This table helps us to understand results versus expectations (the budget) and allows for adjustments if necessary.
- ◆ Total income is greater than budgeted led by Sunday collections, liturgical/sacramental offerings, and Faith Formation fundraising donations. Other Church Income sources are below budget.
- ◆ All expense categories are below budget. Expense categories include assigned Clergy, other clergy / religious, Staff salary & benefits, Faith Formation programs, Community / Service programs, Facilities & Utilities, Technology, Administration, Office supplies, and Diocesan assessments.

Formation | Formación

Request for Donated Items and Volunteers for Vacation Bible School

Our parish children's summer camp, Vacation Bible School, will meet from July 10 – 14 and need much assistance from the parish. We are asking for donations of items for our use at camp, varying from used boxes to borrowing leaf blowers. Please sign up to donate items by June 15th at www.signupgenius.com/go/20f0e45afac2babff2-vacation#. If you can volunteer before or during Vacation Bible School, please sign up online at forms.gle/VAqXDZvsbjXL4LbNA or e-mail tpatchan@saintjn.org with any questions.

Solicitud de artículos donados y voluntarios para la Escuela Bíblica de Vacaciones

El campamento de verano de los niños de nuestra parroquia, la Escuela Bíblica de Vacaciones, se celebrará del 10 al 14 de julio y necesita mucha ayuda de la parroquia. Estamos pidiendo donaciones de artículos para nuestro uso en el campamento, desde cajas usadas hasta sopladores de hojas prestados. Por favor, apúntense para donar artículos antes del 15 de junio en www.signupgenius.com/go/20f0e45afac2babff2-vacation#. Si usted puede ser voluntario antes o durante la Escuela Bíblica de Vacaciones, por favor inscríbase en línea en forms.gle/VAqXDZvsbjXL4LbNA o envíe un correo electrónico a tpatchan@saintjn.org con cualquier pregunta.

Called and Gifted Workshop at SJN

SAVE THE DATE! July 15, 2023, 9:00am to 3:00pm as the Called and Gifted Workshop is returning to SJN!

In 2018 we held this dynamic program here at SJN for over 200 people. Discerning our spiritual gifts during that program deepened our faith lives.

We are offering this workshop again this summer, so mark your calendars before your summer calendar fills!

For more information, please contact Jean Lupinacci at 703-390-2340 or jlupinacci@saintjn.org. To learn more about the Called and Gifted program in general, visit <https://siena.org/called-gifted>.

New Class on the Christian Faith and Film Starts June 10

SJN's newest Adult Faith Formation class explores "The Religious Life Articulated by Cinema's Great Directors." Starting on Saturday, June 10, and running for four weeks, the course will examine classic cinematic offerings and analyze how each film portrays questions of faith. Each class begins at 6:00pm in the Brown-McCarthy Auditorium.

The schedule of films is as follows:

- June 10, *Tender Mercies*, directed by Bruce Beresford. This 1983 Academy Award-nominated film for Best Picture starred Robert Duval and Tess Harper and asked, "Why do things happen? And how do we deal with those things?"
- June 17, *A Man for All Seasons*, directed by Fred Zinnemann. This 1966 Academy Award winner for "Best Picture" starred Paul Scofield in the role of St. Thomas More. The film explores More's life in the service of King Henry VIII.
- June 24, *The Flowers of St. Francis*, directed by Roberto Rossellini. Hailed by the Vatican as one of the 45 greatest films ever made, it explores the life of St. Francis of Assisi.
- July 1, *Ordet* directed by Carl Theodor Dreyer. This 1955 Danish film, voted "The Best Foreign Film of the Year" by the National Board of Review, explores how people of different faith traditions bicker but can find common ground.

For more information about this new class, please contact Jean Lupinacci at jlupinacci@saintjn.org.

Catholic Bible Study & Apologetics

Join us every Tuesday, from 7:00pm to 8:00pm, in Room B5 or on Zoom. Each month, we explore topics in the following order:

1st Tuesday: Gospel Week

2nd Tuesday: Bible Timeline

3rd Tuesday: Requested Topics (i.e., comparative religions)

4th Tuesday: Member Questions (submitted in advance)

Sign up online for weekly topic information and/or Zoom invites at www.Meetup.com/CatholicBibleStudy.

Online Registration for Next Year's Children's Faith Formation Classes Is Open.

<https://saintjn.org/formation/childrens-faith-formation/>

Community | Comunidad

Pentecost Sunday Multi-Lingual Mass/Multi-Cultural Reception

Next Sunday, May 28, we will celebrate a Pentecost Multi-Lingual Mass at 12:00pm (this replaces our 11:30am and 2:00pm Masses) followed by a pot-luck reception. We will have many different cultures represented, and we encourage you to participate by wearing native dress or red (the color of Pentecost).

We are looking for eight people to read the petitions during the Mass in various languages; if you speak a language other than English/Spanish (ex. German, Thai, Arabic, Afrikaans, Quechua, etc.) and would be willing to read, please contact Amelia in the Liturgy Office by May 19.

To volunteer to help with the reception and/or to bring a dish, visit: <https://bit.ly/3VE0b5H>.

St. Paul tells us through his first letter to the Corinthians: "As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit." (1 Corinthians 12:13). Come to our Mass and join our one body in Christ in this vibrant celebration!

Domingo de Pentecostés Misa Multilingüe/Recepción Multicultural

El próximo domingo, 28 de mayo, celebraremos una Misa Multilingüe de Pentecostés a las 12:00pm (esto reemplaza nuestras Misas de 11:30am y 2:00pm) seguida por una recepción de pot-luck. Tendremos muchas culturas diferentes representadas, y le animamos a participar vistiendo traje nativo o rojo (el color de Pentecostés).

Estamos buscando ocho personas para leer las peticiones durante la Misa en varios idiomas; si usted habla un idioma que no sea inglés/español (por ejemplo, alemán, tailandés, árabe, afrikaans, quechua, etc.) y estaría dispuesto a leer, por favor póngase en contacto con Amelia en la Oficina de Liturgia antes del 19 de mayo.

Para ofrecerse como voluntario para ayudar con la recepción y/o traer un plato, visite <https://bit.ly/3VE0b5H>.

San Pablo nos dice en su primera carta a los Corintios: "Como el cuerpo es uno, aunque tiene muchos miembros, y todos los miembros del cuerpo, aunque son muchos, forman un solo cuerpo, así también Cristo. Porque en un solo Espíritu fuimos todos bautizados para formar un solo cuerpo, judíos o griegos, esclavos o libres, y a todos se nos dio a beber de un mismo Espíritu". (1 Corintios 12:13). Ven a nuestra misa y únete a nuestro único cuerpo en Cristo en esta vibrante celebración.

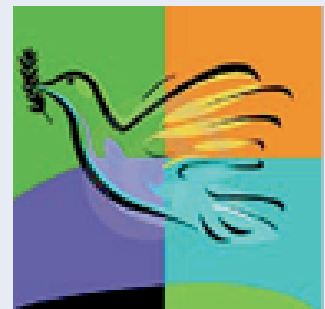


Monthly Prayer Vigil

Please join us on Saturday, June 3, for our monthly parish Prayer Vigil for Peace, Life, and Justice. We'll mark Torture Awareness Month by praying "that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families," Pope Francis's prayer intention for June. We'll pray the Scriptural Rosary for Justice and Peace, reflect on God's Word in Scripture, and offer our intentions to our merciful Savior. The vigil is from 4:00pm to 4:45pm in Rooms A2/A3 or via Zoom. For more information or the Zoom link, contact Ken Fredgren at fredgren.k@gmail.com or Bob More at more.paxchristi@gmail.com.

Vigilia mensual de oración

Por favor, únase a nosotros el sábado, 3 de junio, para nuestra Vigilia de Oración mensual de la parroquia por la Paz, la Vida y la Justicia. Conmemoraremos el Mes de la Concienciación sobre la Tortura rezando "para que la comunidad internacional se comprometa de manera concreta a asegurar la abolición de la tortura y a garantizar el apoyo a las víctimas y a sus familias", la intención de oración del Papa Francisco para junio. Rezaremos el Rosario Bíblico por la Justicia y la Paz, reflexionaremos sobre la Palabra de Dios en las Escrituras y ofreceremos nuestras intenciones a nuestro Salvador misericordioso. La vigilia es de 4 a 4:45 p.m. en las Salas A2/A3 vía Zoom. Para más información o el enlace Zoom, póngase en contacto con Ken Fredgren en fredgren.k@gmail.com o Bob More en more.paxchristi@gmail.com.



Community | Comunidad

Caregiver's are "Out to Lunch"

We all know that the stress and strain of caregiving take an enormous toll. Normal social activities, such as visiting a restaurant with friends, rarely happen.

I'm hoping that with some pre-planning, we can gather an SJN group to meet at Lake Anne in Reston at noon on Thursday, June 22, for a caregiver luncheon day out. There is a menu that will fit almost any budget, and a walk around the lake after will do us all good. RSVP required! Please e-mail or call Susan Infeld, SJN Parish Nurse, at sinfeld@saintjn.org or 703-304-9889 to register by Friday, June 16th! I hope to see you all there!

Los cuidadores están para almorzar

Todos sabemos que el estrés y la tensión de cuidar a alguien pasan una factura enorme. Las actividades sociales normales, como ir a un restaurante con amigos, rara vez tienen lugar.

Espero que, con un poco de planificación previa, podamos reunir a un grupo del SJN en Lake Anne, en Reston, el jueves 22 de junio a mediodía, para salir a almorzar con los cuidadores. Hay un menú que se ajusta a casi todos los presupuestos, y un paseo por el lago después nos vendrá bien a todos. Se requiere confirmación de asistencia. ¡Por favor, envíe un correo electrónico o llame a Susan Infeld, Enfermera Parroquial SJN, en sinfeld@saintjn.org o 703-304-9889 para registrarse antes del viernes, 16 de junio! ¡Espero verlos a todos allí!



Senior Medical Care Webinar- June 9

Join "Reston For a Lifetime" on June 9 at noon for a webinar featuring Howard Gleckman, author of "Caring for Our Parents." Gleckman will discuss the current patchwork of health care for older adults, how a coordinated care model looks, and the importance of family communication with aging. Registration is easy: www.RestonforaLifetime.org/webinars.

For the monthly "Reston for a Lifetime" newsletters, register at www.RestonforaLifetime.org/news.



2023 Family of Man Knights of Columbus Scholarship

The Knights of Columbus Family of Man Council #7566 of St John Neumann is offering scholarships for graduating high school seniors and students already in college to help defray the costs of higher education. The Knights offer three (3) One Thousand Dollar (\$1,000) scholarships. The applicant must be a practicing Catholic. Decisions made by the Scholarship Committee are final, and notification of the scholarships granted will occur on or about June 30, 2023.

By submitting your application, you permit the Knights of Columbus to verify that you and/or your family are members of St. John Neumann parish and permission to use your name and photograph in any announcement regarding the award in the parish bulletin, local newspaper, web page or other media.

Applications are due to the Council by May 31, 2023. Please visit the Council's web page at <https://www.kofc7566.us> for further information, including submission instructions. **Please note that the Knights will not consider late submissions.**

If you have any questions, please email the Scholarship Chairman, Michael Swiger, at FinSec@kofc7566.us or call 571-235-7090.

2023 Beca de Caballeros de Colón Familia de Hombre

El Consejo #7566 de Caballeros de Colón de la Familia del Hombre de St John Neumann está ofreciendo becas para estudiantes que se gradúan de la escuela secundaria y estudiantes que ya están en la universidad para ayudar a sufragar los costos de la educación superior. Los Caballeros ofrecen tres (3) becas de mil dólares (\$1,000). El solicitante debe ser católico practicante. Las decisiones tomadas por el Comité de Becas son definitivas, y la notificación de las becas otorgadas ocurrirá alrededor del 30 de junio de 2023.

Al enviar su solicitud, usted permite a los Caballeros de Colón verificar que usted y/o su familia son miembros de la parroquia de St. John Neumann y el permiso para utilizar su nombre y fotografía en cualquier anuncio sobre el premio en el boletín parroquial, periódico local, página web u otros medios de comunicación.

Las solicitudes deben enviarse al Consejo antes del 31 de mayo de 2023. Visite la página web del Consejo en <https://www.kofc7566.us> para obtener más información, incluidas las instrucciones de presentación. **Tenga en cuenta que los Caballeros no tendrán en cuenta los envíos fuera de plazo.**

Si tiene alguna pregunta, envíe un correo electrónico al Presidente de Becas, Michael Swiger, a FinSec@kofc7566.us o llame al 571-235-7090.

Community | Comunidad

Knights of Columbus' Continuing Catholic Education Series on the Nicene Creed This Thursday

The Family of Man Council of the Knights of Columbus invites all SJN parishioners to join us for our continuing program of Catholic Education. This Thursday, May 25, we will have the third lesson of the six-part *Word on Fire Institute* video presentation by Bishop Robert E. Barron on the Nicene Creed. Born at the Council of Nicea in the Fourth Century after intense theological debates, this formal statement of faith is the foundation of both Eastern and Western Christianity. Lesson three is entitled "Jesus Christ, the Only Begotten Son."

This session, which is free to attend, will take place in the Brown-McCarthy Auditorium starting promptly at 7:00pm. Adult conversation, snacks, and beverages will follow. We plan to finish by 8:30pm. Additional sessions occur approximately every 1-2 months, and the Knights announce them in the bulletin.

Please plan on attending this important presentation and join us for an evening of Catholic Education!



From the Parish Nurse and The Recovery and Addiction Ministry

Christianity and 12 Step Programs: "Step by Step"

Over the next three bulletins, we will explore how Christianity and 12 Step Programs go hand-in-hand as we battle our addictions

Since Alcoholics Anonymous began in 1935 by two recovering alcoholics, there has been curiosity and criticism about how Christianity and 12 Step Programs fit together. The extremes are extreme: "12 Step Programs are a cult." "12 Step Programs are a religion." "12 Step Programs rely on God." "12 Step Programs don't believe in God."

So how do Christianity and 12 Step Programs complement one another and/ or differ? What, if any, is the common ground? Below is a brief look into the similarities using Old and New Testament scripture. (A "to follow" article later will review the differences).

The First Three Steps of AA are:

Step One: "We admitted we were powerless over alcohol---that our lives had become unmanageable."

Step Two: "Came to believe that a Power greater than ourselves could restore us to sanity."

Step Three: "Made a decision to turn our will and our lives over to God as we understood him."

The Christian thesis of these first three steps is, in essence, acknowledging our human weakness, suffering a sense of brokenness, and surrendering our lives to God.

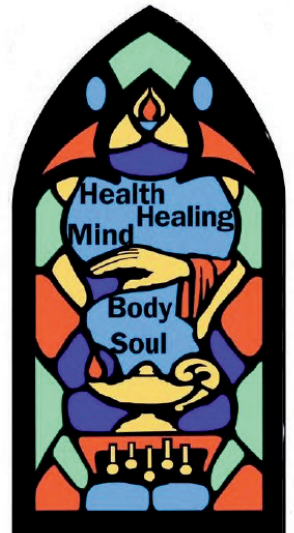
When we consider The Beatitudes alongside Step One: "Blessed are the poor in spirit," "Blessed are those who mourn," and "Blessed are the weak" – do they not sound like those who have lost their lives to addiction and who mourn their "weakness" and choices, sometimes to the point of despair? John 15:5 also reminds us, "Apart from Me, you can do nothing."

Steps Two and Three are what we Christians call "conversion,"; realizing that our lives and happiness depend entirely on God. 2 Corinthians 12 "My grace is sufficient for you, for power is perfected in weakness." Proverbs 3: 5-6: Trust in the Lord with all your heart on your intelligence do not rely on; in all your ways be mindful of him, and he will make straight your paths. Isaiah 41:13: "For I am the Lord your God, who grasp your right hand; It is I who say to you, do not fear, I will help you."

Next week, we will look at steps four through seven.

"God, grant me the serenity to accept the things I cannot change, The courage to change the things I can, And the wisdom to know the difference "

Alcoholics Anonymous Prayer



Community | Comunidad



DO GOOD; SEEK JUSTICE.
(Isaiah 1: 17)



Christian unity may be closer than you think.

Join us!

Tuesday, May 23 at 7pm
St. Ann Catholic Church
5300 10th St N, Arlington, VA

Marian Art and Concert Series - June 16

Icon of Wisdom: Images of Our Lady in Art, Sound, and Care for the Elderly: Join the Diocesan Golden Jubilee Committee and Catholic Charities at 7:00pm on Friday, June 16, at St. Agnes Catholic Church, 1910 N Randolph St Arlington, for an evening of art and music featuring local Catholic artist Veronica Royal and local Catholic musicians. Veronica will debut her new icon of Our Lady, dedicated to Catholic Charities Saint Martin de Porres Center. The exhibit will also feature several new paintings commissioned by local Catholic artists for the Jubilee and paired with Catholic Charities ministries. A short concert and reception follow.



Thursday Night Gatherings at George Mason University Catholic Campus Ministry

All current college students and high school students (class of 2023) are invited to join the Catholic Patriots of George Mason University **every** Thursday in the months of June and July from 7:00pm to 9:00pm at the Chapel for faith, fun, and fellowship. Follow us on Instagram @catholic.patriot or go to gmuccm.org for more information. We hope to see you there! 4515 Roberts Road, Fairfax.

Reuniones los jueves por la noche en el Ministerio Católico del Campus de la Universidad George Mason

Todos los estudiantes universitarios actuales y estudiantes de secundaria (clase de 2023) están invitados a unirse a los Patriotas Católicos de la Universidad George Mason **todos** los jueves en los meses de junio y julio de 7:00pm a 9:00pm en la Capilla para la fe, la diversión y el compañerismo. 4515 Roberts Road, Fairfax, VA. Síguenos en Instagram @catholic.patriot o ve a gmuccm.org para más información. ¡Esperamos verte allí!

Praise and Worship for Healing and Conversion

Join parishioners from around the diocese for praise and worship on Tuesday, June 13, at St. Leo the Great Catholic Church, 3700 Blenheim Blvd, Fairfax, Fairfax from 7:30pm to 8:30pm. Fr. Paul Scalia will lead us in prayer along with musician, Stephen Ng. Our special intention is for the conversion and healing in families. The Sacrament of Reconciliation will be available. All are welcome. Please bring a friend.

Alabanza y adoración para la sanación y la conversión

Únase a los feligreses de toda la diócesis para la alabanza y adoración el martes, 13 de junio, en la Iglesia Católica de San León el Grande, 3700 Blenheim Blvd, Fairfax, Fairfax de 7:30pm a 8:30pm. El Padre Paul Scalia nos guiará en la oración junto con el músico Stephen Ng. Nuestra intención especial es por la conversión y sanación en las familias. El Sacramento de la Reconciliación estará disponible. Todos son bienvenidos. Por favor traiga a un amigo.

Diocesan Family Festival

Celebrate family at our Diocesan Family Festival: Rejoicing in One God, One Family with the Most Reverend Michael F. Burbidge, Bishop of Arlington! When: June 10, 2023. Holy Mass at 4:00pm - and Scythian rock band from 7:00pm to 8:30pm. Games, rides, and vendors! Where: Warren County Fairgrounds, 26 Fairground Road, Front Royal. Register at arlingtondiocese.org/familyfestival.



Festival Diocesano de la Familia

Celebre la familia en nuestro Festival Diocesano de la Familia: ¡Regocijándose en Un Dios, Una Familia con el Reverendísimo Michael F. Burbidge, Obispo de Arlington! Cuando: 10 de junio de 2023. Santa Misa a las 4:00pm - y banda de rock Scythian de 7:00pm a 8:30pm. ¡Juegos, atracciones y vendedores! Donde: Warren County Fairgrounds, 26 Fairground Road, Front Royal. Inscribase en arlingtondiocese.org/familyfestival.



Community | Comunidad

Hunters Woods Fellowship House Mother's Day Tea

A heartfelt "Thank You" to all the volunteers who made the annual Mother's Day Tea at Fellowship House on Wednesday, May 10th, such a success! The seniors in our community much appreciated the sharing of your time and talent. Thanks to all for transporting items from the church, decorating, baking, setting up, serving, and cleaning up. The piano and dancing entertainment was an added plus. Everyone contributed a large effort to make this event so successful.

Our volunteer team included Father Don Heet (who gave the introduction and Blessing), along with Marge and Bob Joy, Nikki Rosengren, Marianne Stana, Joyce Wagner, Tracy Long, Pat Frank, Carmela Basuel, Celia Sandoval, Jo-Ann Duggan, Flor Graves, Alexandra Ricci, Carmen Gutierrez, Karina Sheehan, Donna James, Itzel Cooper, Carrie Donnelly, Lynda Dentler, Pat Rau, Sue Silhol, Margie Dellagiarino, and Gail and Jim Schlett (who by the way was our official photographer).

Rumor has it that Celia and Carmen got the group going by coming dressed fit for Spanish dances and, by the end of the event, had all the Fellowship House participants either dancing in their seats or along with them on the dance floor. A good time was had by all!

Thanks to all of you for making this day so memorable for all the mothers at Fellowship House and for honoring all mothers!



Service | Servicio

Sponsor a Child at Niño Jesus

The children in our sister parish of Niño Jesus in Manta, Ecuador, are starting a new school year this month. If you are interested in becoming a sponsor of a child in our sister parish or have any questions about the program, please email ninojesus@saintjn.org. SJN parishioners and friends currently provide scholarships for 193 children in the Niño Jesus parish and surrounding communities. We anticipate new sponsors will need to replace sponsors who leave the area or no longer wish to participate in the program. Sponsors contribute \$190 that helps cover the cost of a needy student's supplies, internet access, shoes, backpacks, a uniform, and a Christmas gift certificate. 100% of your contribution goes to support a student. The scholarship children and their families deeply appreciate the support they receive from our parish. Thank you in advance.

Apadrina a un niño del Niño Jesús

Los niños de nuestra parroquia hermana del Niño Jesús en Manta, Ecuador, comienzan un nuevo año escolar este mes. Si usted está interesado en convertirse en un patrocinador de un niño en nuestra parroquia hermana o tiene alguna pregunta sobre el programa, por favor envíe un correo electrónico a ninojesus@saintjn.org. Los feligreses y amigos de SJN actualmente proporcionan becas para 193 niños en la parroquia del Niño Jesús y las comunidades circundantes. Anticipamos que habrá necesidad de nuevos padrinos para reemplazar a los padrinos que se van del área o que ya no desean participar en el programa. Los padrinos contribuyen con \$190 que ayudan a cubrir el costo de los útiles de un estudiante necesitado, acceso a internet, zapatos, mochilas, un uniforme y un certificado de regalo de Navidad. El 100% de su contribución se destina a apoyar a un estudiante. Los niños becados y sus familias aprecian profundamente el apoyo que reciben de nuestra parroquia. Gracias de antemano.



Family of Man Council Hosts Charity Breakfast for Support of Insight Memory Care Center - Fairfax

The Family of Man Council of the Knights of Columbus will hold their June charity breakfast on June 4, 2023, between the end of the 7:30am Mass and the start of the 11:30am Mass. The Council will provide the proceeds from your free-will donations to Insight Memory Care Center (IMCC) – Fairfax (<https://www.insightmcc.org>).

IMCC is a nonprofit adult day health and resource center providing specialized care, support, and education for individuals with Alzheimer's disease and other memory impairments, their families, caregivers, and the community. Serving Northern Virginia since 1984, IMCC offers a spectrum of holistic care, with a vision of a society where those affected by memory impairments can achieve the highest quality of life.

This breakfast will be the Knights' last charity breakfast until October. Please join your fellow parishioners to enjoy a delicious breakfast and support this program assisting those with Dementia.

El Consejo de la Familia del Hombre organiza un desayuno benéfico para apoyar al Centro de Cuidado de la Memoria Insight - Fairfax

El Consejo de la Familia del Hombre de los Caballeros de Colón celebrará su desayuno benéfico de el 14 junio de 2023, entre el final de la Misa de las 7:30am y el comienzo de la Misa de las 11:30am El Consejo entregará los ingresos de sus donaciones voluntarias a Insight Memory Care Center (IMCC) - Fairfax (<https://www.insightmcc.org>).

IMCC es un centro diurno de salud y recursos para adultos sin ánimo de lucro que proporciona atención especializada, apoyo y educación a personas con la enfermedad de Alzheimer y otros problemas de memoria, a sus familias, cuidadores y a la comunidad. IMCC, que lleva prestando sus servicios en el norte de Virginia desde 1984, ofrece un amplio abanico de cuidados holísticos, con la visión de una sociedad en la que las personas afectadas por problemas de memoria puedan alcanzar la máxima calidad de vida.

Este desayuno será el último desayuno benéfico de los Caballeros hasta octubre. Por favor, únase a sus feligreses para disfrutar de un delicioso desayuno y apoyar este programa de asistencia a las personas con demencia.



SJN Celebrates Cinco de Mayo SJN celebra el Cinco de Mayo

On Friday, May 5, SJN celebrated Cinco de Mayo. The day commemorates the Mexican army's victory over French forces in the Battle of Puebla in 1862. The Mexican success led to the eventual withdrawal of France from Mexico in 1865. To celebrate, we enjoyed authentic Mexican food, an exhibition of Mexican dances, and delicious Margaritas. We have celebrated Cinco de Mayo in the United States since 1863.

El viernes 5 de mayo, SJN celebró el Cinco de Mayo. Este día conmemora la victoria del ejército mexicano sobre las fuerzas francesas en la batalla de Puebla en 1862. El éxito mexicano condujo a la eventual retirada de Francia de México en 1865. Para celebrarlo, disfrutamos de auténtica comida mexicana, una exhibición de bailes mexicanos y deliciosas Margaritas. En Estados Unidos celebramos el Cinco de Mayo desde 1863.



This Week at a Glance

Sunday, May 21

KofC Kovar Collection All Day
Laurel Learning Center Birthday
Gifts Due Back

8:30am Hospitality

2:00pm Daughters of SFdS

6:00pm Youth Ministry Night

Monday, May 22

10:00am Road to Emmaus

Tuesday, May 23

7:30pm RCIA

7:30pm YA Study

Wednesday, May 24

3:00pm Farmers Market

7:00pm Divorced - Separated Ministry

7:00pm Legion de Maria

Thursday, May 25

10:00am ESOL Class

10:00am Touchstones

6:00pm Legion of Mary

7:00pm ESOL Class

7:00pm KofC Continuing Education
Class on Nicene Creed

Friday, May 26

Last 12:10pm Mass until
September 6

6:00pm Al-Anon Beginners Meeting

7:00pm Al-Anon

Saturday, May 27

Juneteenth Information Table in
Nartherx

8:00pm Grupo de oración en español

Sunday, May 28

No 11:30am or 2:00pm Mass

12:00pm Multicultural Mass

1:00pm Multicultural Pentecost
Celebration

6:00pm Branching Out Fire Pit Dinner



Join us next year for our third
annual Cinco de Mayo
celebration!

¡Acompáñenos el año que viene
en nuestra tercera celebración
anual del Cinco de Mayo!



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