

## Parish Staff

(Please use the 703 area code for all numbers.)

### Pastor

Rev. Joseph T. Brennan, OSFS 860-8510 x143  
Email: [jbrennan@saintjn.org](mailto:jbrennan@saintjn.org)

### Parochial Vicar

Rev. Donald J. Heet, OSFS 860-8510 x157  
Rev. Michael S. Murray, OSFS 860-8510 x145

### In Residence

Rev. John W. Crossin, OSFS 860-8510

### Permanent Deacons

Deacon Atanacio Sandoval 860-8510  
[asandoval@saintjn.org](mailto:asandoval@saintjn.org)  
Deacon John A. Wagner 860-8510  
[jwagner@saintjn.org](mailto:jwagner@saintjn.org)

### Administration

Office Administrator Patty Kwapniewski 860-6147  
Office Secretary Mary Steen 860-8510  
Hispanic Coordinator Celia Sandoval 860-8511  
Communications Duane Hyland 390-2353  
Manager Email: [communications@saintjn.org](mailto:communications@saintjn.org)  
Bulletin Submissions Email: [bulletin@saintjn.org](mailto:bulletin@saintjn.org)  
Accountant David Anderson 860-6142  
Bookkeeper Mykelle Laws 860-6167  
Parish Nurse Susan Infeld, RN 390-2349  
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Facilities Manager Nelson Alvarez 390-2343  
Custodian Alfredo Jimenez 860-8510  
Custodian Hever Melgar 860-8510

### Liturgical Ministry

Director of Music C. J. Capen 390-2352  
Coordinator of Liturgy Tricia Russman 860-6151  
Liturgy & Music Coordinator Amelia Gil-Figueroa 860-6150

### Faith Formation

Director Jean Lupinacci 860-2815  
Coord. K-5 Thomas Patchan 390-2340  
Coord. 6-8 Angela Davis 860-6156  
Coord. Youth and Eric Muñoz 390-2345  
Young Adult Ministries 860-6141  
Admin. Assistant Silvia Bustamante 390-2348  
Office Coordinator Betsy Puzanghero 860-6155

### Outreach

Director of Outreach Jo-Ann Duggan 860-6149

### Preschool

Kathy Dallessandro 860-6158  
Email: [preschool@saintjn.org](mailto:preschool@saintjn.org)

### Council Chairs

Pastoral Council Mark Mechler  
Email: [sjn.pc@saintjn.org](mailto:sjn.pc@saintjn.org)  
Finance Council Dean Guerra  
Email: [sjn.fc@saintjn.org](mailto:sjn.fc@saintjn.org)

## Letting Go and Letting God: A Poetic Reflection

The following is a poetic reflection I read recently and found it profound and simple. I hope you find it helpful. - Fr. Richard DeLillio, OSFS

To let go does not mean to stop caring;  
It means I can't do it for someone else. T

To let go is not to cut myself off;  
It's the realization I can't control another.

To let go is not to enable, but to allow learning from natural consequences.

To let go is to admit powerlessness,  
Which means the outcome is not in my hands.

To let go is not to change or blame another;  
it's to make the most of myself.

To let go is not to care for, but to care about.

To let go is not to be in the middle arranging all the outcomes, but to allow others to affect their destinies.

To let go is not to fix. but to be supportive.

To let go is not to judge, but to allow another to be a human being.

To let go is not to deny, but to accept.

To let go is not to nag, scold, or argue; but instead to search out my short comings and correct them.

To let go is not to adjust everything to my desires,  
But to take each day as it comes, and cherish myself in it.

To let go is not to criticize and regulate anybody. but to try to become what I dream I can be.

To let go is not to regret the past, But to grow and live for the future. To let go is to fear less and to love more.

## Low Gluten Hosts are Now Available

Starting this month, we will offer low-gluten hosts at all weekend Masses. The minister stationed by the Tabernacle will distribute them, and we are asking those receiving the low-gluten host to proceed and receive them first. The minister will then change to the ciborium with the regular hosts and distribute to the rest of that section. There is a sign-up sheet located at the Sacristy that will help us to know how many hosts to prepare. If you can please sign up 10 minutes before Mass, that would be most helpful.

## Ya están disponibles las hostias bajas en gluten

A partir de este mes, se ofrecerán hostias bajas en gluten en **todas las misas de fin de semana**. El ministro apostado junto al Sagrario las distribuirá, y pedimos a quienes reciban la hostia baja en gluten que procedan a recibirla primero. El ministro cambiará entonces al copón con las hostias regulares y las distribuirá al resto de esa sección. Hay una hoja para apuntarse en la Sacristía que nos ayudará a saber cuántas hostias hay que preparar. Si pueden apuntarse 10 minutos antes de la Misa sería de gran ayuda.

### To Report Sexual Abuse or to get Support

- For an emergency, call **911**
- Fairfax County Child Protective Services: **703-324-7400**
- Diocese of Arlington's Office of Child Protection (to report and get support): **703-841-3847** or [www.arlingtondiocese.org/Child-Protection/](http://www.arlingtondiocese.org/Child-Protection/)
- Please visit [saintjn.org/action/](http://saintjn.org/action/) for more help.

# Worship | Adoración

## This Sunday's Readings - The Fifth Sunday in Ordinary Time | Lecturas de este domingo - Quinto domingo del tiempo ordinario

Isaiah | Isaías 58:7-10; Psalm | Salmo 112:4-5, 6-7, 8-9 (4a);  
1 Corinthians | 1 Corintios 2:1-5; Matthew | Mateo 5:13-16

## Readings For the Week | Lecturas de la semana

**Monday, February 6 | Lunes, 6 de Febrero**

**St. Paul Miki and Companions | San Pablo Miki y Compañeros**

Genesis | Génesis 1:1-19; Psalm | Salmo 104:1-2, 5-6, 10, 12, 24, 35;  
Mark | Marco 6:53-56

**Tuesday, February 7 | Martes, 7 de Febrero**

Genesis | Génesis 1:20—2:4a; Psalm | Salmo 8:4-9; Mark | Marco 7:1-13

**Wednesday, February 8 | Miércoles 8 de Febrero**

**St. Jerome Emiliani; St. Josephine Bakhita |**

**Sn. Jerónimo Emiliani; Sn. Josefina Bakhita**

Genesis | Génesis 2:4b-9, 15-17; Psalm | Salmo 104:1-2, 27-30;  
Mark | Marco 7:14-23

**Thursday, February 9 | Jueves 9 de Febrero**

Genesis | Génesis 2:18-25; Psalm | Salmo 128:1-5; Mark | Marco 7:24-30

**Friday, February 10 | Viernes, 10 de Febrero**

**St. Scholastic; Sn. Escolástica**

Genesis | Génesis 3:1-8; Psalm | Salmo 32:1-2, 5-7; Mark | Marco 7:31-37

## The SJN Linen Committee Needs Your Help

The Linen Committee consists of members who wash and iron the small altar linens that the priest and Extraordinary Ministers of Holy Communion use at Mass. They also wash and iron the gowns that the altar servers wear during Mass.

Help is needed every three to four months for two weeks to take care of these linens. Please contact Kathie Opiola at [jaao@aol.com](mailto:jaao@aol.com) if you want to join the Linen Committee.

## El Comité de Mantelería del SJN necesita su ayuda

El Comité de mantelería está formado por miembros que lavan y planchan los manteles pequeños del altar que el sacerdote y los Ministros Extraordinarios de la Sagrada Comunión usan en la Misa. También lavan y planchan las batas que los monaguillos usan durante la Misa.

Se necesita ayuda cada tres o cuatro meses durante dos semanas para cuidar de estos manteles. Por favor, póngase en contacto con Kathie Opiola en [jaao@aol.com](mailto:jaao@aol.com) si desea unirse al Comité de Lino

## Save the Dates for Our Stations of the Cross and Lenten Soup Suppers

Our Lenten Stations of the Cross and Soup Supper Speaker Series will begin on Friday, February 24, and continue each Friday in March.

This year's theme is "Call Forth the Gifts – Journeying on the Path to Synodality." Stay tuned for further details in future bulletins.

We will begin at 6:30pm with the Stations of the Cross in the Church and then go into the Brown-McCarthy Auditorium for soup, fellowship, and to listen to a speaker.

## Daily Mass Intentions

**Saturday, February 4**

**For the Fifth Sunday of Ordinary Time**

5:00pm Kathryn H. Baldwin †

**Sunday, February 5**

**The Fifth Sunday of Ordinary Time**

7:30am Jim Lodge †

9:30am Cecil Fermanis †

11:30am Phil Saims †

2:00pm Elena Neira †

5:00pm Jerry Rachal †

**Monday, February 6**

9:00am Alan Lord †

12:10pm Richard Murray †

**Tuesday, February 7**

9:00am Thomas Beall †

**Wednesday, February 8**

9:00am Maria Garcia Alvarado †

12:10pm Mariam & Yousif Petrus ††

**Thursday, February 9**

9:00am Thomas Hynes †

**Friday, February 10**

9:00am Ana Plaza Herrera †

12:10pm Edward Lee †

**Saturday, February 11**

**For the Sixth Sunday in Ordinary Time**

5:00pm Robert Thomas †

**Sunday, February 12**

**The Sixth Sunday in Ordinary Time**

7:30am Lorraine Link †

9:30am Michael Bryant †

11:30am Fran O'Brien †

2:00pm Socorro Bojorge †

5:00pm Mike Causey †

## Sacramental Celebrations

**Baptisms:** Isabella Katherine Poggi,  
Roland Crispin Seier, Patrick Mateo  
West

# Worship Adoración

## Next Sunday's Readings

Next weekend we celebrate the **Sixth Sunday in Ordinary Time**. Please prepare for Mass by reflecting on these texts:

**Sirach 15:15-20** "The words in today's first reading can help illuminate what the life of the faithful should look like."

**Psalms 119:1-2, 4-5, 17-18, 33-34 (1b)** "Blessed are they who follow the law of the Lord!"

**1 Corinthians 2:6-10** "The wisdom of God is not something that human power can attain on its own...it is bestowed by God."

**Matthew 5:17-37** "...Jesus probes the commandments deeper than most...he wants to scrutinize intentions and the movement of the heart."

(Workbook for Readers, Gospel Readers and Proclaimers of the Word 2023, LTP 2023)

## Lecturas del próximo domingo

El próximo fin de semana celebramos el **Sexto Domingo del Tiempo Ordinario**. Por favor, prepárense para la Misa reflexionando sobre estos textos:

**Eclesiástico 15:15-20** "Las palabras de la primera lectura de hoy pueden ayudar a iluminar cómo debe ser la vida de los fieles."

**Salmo 119:1-2, 4-5, 17-18, 33-34 (1b)** "¡Bienaventurados los que siguen la ley del Señor!"

**1 Corintios 2:6-10** "La sabiduría de Dios no es algo que el poder humano pueda alcanzar por sí mismo... es otorgada por Dios."

**Mateo 5:17-37** "...Jesús sondea los mandamientos más profundamente que la mayoría... quiere escudriñar las intenciones y el movimiento del corazón."

(Cuaderno de trabajo para lectores, lectores del Evangelio y proclamadores de la Palabra 2023, LTP 2023)

# Stewardship Administración

## This Weekend's Special Collection

This weekend's special collection benefits the Arlington Catholic Herald. The Herald reaches "...more than 108,000+ homes" in the Diocese and brings the news of the Diocese twice a month to readers. It is the largest "non-paid publication in the Virginia Press Association." Please consider contributing to the collection so the Arlington Catholic Herald can continue bringing the news of the Diocese to its readers. Thank you!

## Colecta especial de este fin de semana

La colecta especial de este fin de semana beneficia al Arlington Catholic Herald. El Herald llega a "...más de 108,000 hogares" en la Diócesis y trae las noticias de la Diócesis dos veces al mes a los lectores. Es la mayor "publicación no pagada de la Asociación de Prensa de Virginia". Por favor considere contribuir a la colecta para que el Arlington Catholic Herald pueda continuar llevando las noticias de la Diócesis a sus lectores. Muchas gracias.

## Spend Time With Jesus in Adoration This Thursday 3:00pm - 8:00pm SJN de Sales Chapel

Call the SJN liturgy office  
(703-860-6151) or  
sign up on the sheet outside  
the chapel to commit to a  
half-hour time slot.



## Pasar tiempo con Jesús en adoración Este jueves 3:00pm-8:00pm Capilla SJN de Sales

Llame a la oficina de liturgia del SJN  
(703-860-6151) o  
inscribirse en la hoja fuera de la  
capilla para  
para comprometerse con un horario  
de media hora.

## Stewardship of Treasure:

### Week ending Jan. 29, 2023

Offertory - Regular Sunday	59,196
(Cash/Check \$37,790)	
(Electronic \$18,406)	
Total Budget	46,500
Variance	\$ 9,696

### YTD (includes Christmas)

YTD Offertory	1,588,570
YTD Budget	1,545,000
Variance	\$ 43,570



# Bishop's Lenten Appeal

## Llamamiento del Obispo

MY SOUL *Rejoices*  
IN THE *Lord*



TO *Donate*  
TO THE BLA  
SCAN QR CODE  
BELOW:



MI ALMA SE *Regocija*  
EN EL *Señor*



PARA HACER UNA  
*donación*  
O UNA PROMESA DE  
*contribución,*  
ESCANEE AQUÍ:



# Formation | Formación



## Want to learn more about Salesian Spirituality?

Consider participating in one or all of the 2023 class offerings.

### Winter 2023 - Starts This Week

#### Resetting Our Spiritual GPS

Like our phones and computers, we need to stop ourselves and reboot occasionally. The same is true of our spiritual life. This five-session class will explore St. Francis de Sales' advice on resetting our Spiritual GPS and living an intentional life. Carol Swiger and Olga Rasmussen will facilitate these classes.

Choose the date/time that best fits your schedule.

- **Tuesdays at 10:00am:** February 7, 14, 21, 28, March 7
- **Wednesdays at 7:00pm:** February 8, 15, 22, March 1, 8
- **Saturdays at 10:00am:** February 11, 18, 25, March 4, 11

Register using the Salesian Spirituality section of the SJN website: <https://saintjn.org/about/salesian-spirituality/classes-and-events/>.

## Spring 2023

### Be At Peace

One of life's challenges is knowing when to let go and when to hang on to relationships, material items, and feelings. In spiritual terms, it is a study of attachment versus detachment. Salesian Spirituality challenges us to answer the question, "what values or considerations determine how long I hang onto something, whether spiritual or material?" Do I hang onto it out of habit, usefulness, potential, tradition, revenge, sadness?" The class will explore these questions and help us on our journey to be at peace. Carol Swiger will facilitate these classes.

Choose the date/time that best fits your schedule.

- **Tuesdays at 10:00am:** April 18, 25, May 2, 9
- **Wednesdays at 7:00pm:** April 19, 26, May 3, 10
- **Saturday at 10:00am:** April 22, 29, May 6, 13

Register using the Salesian Spirituality section of the SJN website: <https://saintjn.org/about/salesian-spirituality/classes-and-events/>.

## Interested in Joining the SJN WorkCamp Crew? You Still Can!

If you are a student in grades 9-12 or an adult and are interested in joining our SJN WorkCamp crew for this summer's Diocese of Arlington WorkCamp program, June 17-23, in Frederick County, VA, we still have space. To join the SJN Crew, please contact Nick Buck at [nvbuck@verizon.net](mailto:nvbuck@verizon.net) or Eric Muñoz at [emunoz@saintjn.org](mailto:emunoz@saintjn.org).



## Ecumenism talk by Fr. John Crossin, OSFS Next Saturday

Fr. John Crossin, OSFS, will give a talk about his new book, "Moving Into the Ecumenical Future: Foundations of a Paradigm for Christian Ethics," on Saturday, February 11 at 11:00am in the auditorium. Adults and teens are welcome to attend.

Fr. Crossin's book proposes ten pillars for a common Christian Ethics. He believes we should rely on the guidance of the Holy Spirit, ground ourselves in biblical teaching, consider the practical experience, and focus on our relationships with God and one another.

Fr. Crossin served for five years as Executive Director of the Secretariat for Ecumenical and Interreligious Affairs at the Catholic Bishops' Conference. His publications include four books about Virtue Ethics and numerous Salesian Spirituality articles.

## New Bible Study and Catholic Apologetics Class Starting This Tuesday, February 7!

Join us in Room B-5 or via zoom on Tuesdays from 7:00pm to 8:00pm for Bible Study, including learning what we believe as Catholics and why. Ron Hallagan is the facilitator and has certificates in Catholic philosophy, theology, and apologetics. He has been offering this class for years through Meetup, a social media platform. During the COVID-19 pandemic, they met virtually but are now starting back as a hybrid, allowing you to attend in person or virtually. A variety of topics are covered. Each week of the month covers a different topic: week one is a gospel passage, week two explores a book of the Bible, week three covers a general Catholic topic, and week four brings discussions and answers to questions raised by participants. For more information, including the zoom link, please contact Jean Lupinacci at [jlupinacci@saintjn.org](mailto:jlupinacci@saintjn.org).



# Formation | Formación



## Parish Wide Bible Study - "Pilgrim People"

Prepare for Easter with a small group Lenten Bible Study. Come along on four major pilgrimages in Scripture, the journey of trust with Abraham and Sarah, the journey of freedom with Moses and the Hebrew people, the journey of exile and return with Israel, and the journey of discipleship with Jesus and his followers. God's call sometimes leads and sometimes sends, and the destinations can be new and wondrous or even dark and dangerous. What makes the journey a pilgrimage is God's abiding companionship. The class includes commentary, study and reflection questions, prayer, and access to online lectures. The four sessions begin in late February/early March.

All are welcome to join one of the multiple small groups that meet at various times throughout the week. Tuition is \$15, and scholarships are available. See the registration form for more details. They are available on the Parish website and at the Welcome Desk. Tuition is \$15, and scholarships are available. Registration is open until Thursday, February 16. Contact Michelle Lawrence at [runnergirl107@hotmail.com](mailto:runnergirl107@hotmail.com) for questions. For more details and to register online, visit <https://tinyurl.com/27cpp9jf>.

**2023**

**JOIN US FOR:**

**Branching Out  
WEEK!!!**

**A WEEK FULL OF SERVICE, OUTINGS,  
FUN, FAITH, AND FRIENDSHIP!**

**JUNE 26 - JUNE 30  
10AM\*-4PM\***

\*Option to arrive at 8:30am is available. Times may vary slightly on specific days to allow for outings and other activities.

**CLICK HERE TO REGISTER!**

[WWW.SAINTJN.ORG/BRANCHING-OUT](http://WWW.SAINTJN.ORG/BRANCHING-OUT)

## SJN Boys Group

The SJN Boys Group meets about twice a month for various activities, including game nights, dinner, Topgolf, hiking, and campfire hangouts. We are always looking for new members and new ideas! Please let us know if you are interested, and we will add you to the email list to receive regular updates as we schedule events.

The group is open to all boys in the parish in grades six through eight. We also welcome friends of members who are from outside of the parish.

The date and times of meetings and events vary, but we always schedule events to meet the needs of group members.

The group's activities occur at SJN and sometimes in other locations as we meet for outings and service projects.

There is no fee to join the group, but some of its events may, at times, require a registration fee, depending on the event's nature.

Please contact Angela Davis at [adavis@saintjn.org](mailto:adavis@saintjn.org), for more information.



## Black History Month Celebration



**Bishop Roy E. Campbell Jr,  
Archdiocese of Washington**

*“From Businessman to Bishop: God Always Gets His Man”*



*Music provided by the nationally acclaimed*

*St. Augustine Gospel Choir*

**This Friday, February 10, 2023, 7:00 pm**

St. John Neumann Parish  
11900 Lawyers Road, Reston, VA  
Register at <https://bit.ly/3J6JYkW>

*A reception will follow the program*

# Community | Comunidad

## From the Parish Nurse: Who's on First??? Find Out This Tuesday!

Healthcare and the "Continuum of Care" is a confusing phrase, particularly in light of today's seemingly highly fragmented healthcare delivery system. The overall goals of healthcare's "Continuum of Care" are to increase healthcare quality, efficiency, and delivery and decrease cost. But the skyrocketing insurance increases, prescriptions, co-pays, repeat hospitalizations, and confusion regarding covered services indicate things aren't working well.

Join us this Tuesday, February 7, at 10:30am for another Zoom "Seasons of Wellness" presentation as our Parish Nurse Susan Infeld and Dana Rizzo, RN from Waltonwood Senior Living, sort through the pieces of the "Continuum of Care" puzzle, including the evolution, processes, and players involved in today's complicated healthcare system. RSVP to [sinfeld@saintjn.org](mailto:sinfeld@saintjn.org) to receive the Zoom link.

## Caregivers Zoom Get-Together on February 15

We were so happy to have had an in-person Caregiver Retreat in January! It was a time of sharing and support, and spiritual growth. It is so important for caregivers to be able to connect to others in a safe, non-judgmental environment. We know it is difficult for caregivers to get out, so I hope a Zoom get-together might allow a few more of you to join us. Please reserve Wednesday, February 15, at noon via Zoom for a caregiver "get together." RSVP to register, and I will send you a link the day before. I look forward to being with you all. RSVP to [sinfeld@saintjn.org](mailto:sinfeld@saintjn.org) or 703-390-2349.



## Our Knights Invite You to Learn More About Our Faith - Catholic Education Series on the Nicene Creed

The Family of Man Council of the Knights of Columbus invites all SJN parishioners to join us for our continuing program of Catholic Education. Starting on Thursday, February 23, we will have a special *Word on Fire Institute* six-part video presentation by Bishop Robert E. Barron on the Nicene Creed. The first session is entitled "I Believe." The Nicene Creed succinctly summarizes the beliefs of Christianity, and Bishop Barron will explain the deep meaning of these beliefs in this presentation.

This session, which is free to attend, will take place in the Brown-McCarthy Auditorium starting promptly at 7:00pm. Adult conversation, snacks, and beverages will follow. We plan to finish by 8:30pm. Additional sessions occur approximately every one to two months, and we will announce them in the bulletin.

Please plan on attending this important presentation, and join us for an evening of Catholic Education!



## Annual Diocese of Arlington Women's Conference - Love Rejoices in Truth

On Saturday, March 11, come to St. Joseph Catholic Church, 750 Peachtree Street, Herndon, and join women from around the diocese to be inspired, connect with like-minded women, and raise our voices in prayer. Come and hear Nikki Kingsley's remarkable conversion story, how she, a devout Muslim, was guided by the voice of the Blessed Virgin Mary that would eventually lead her to Jesus and into the Catholic Church. Sign-in begins at 7:30am with confession, coffee, and pastries. Bishop Michael Burbidge will celebrate Mass at 11:15am. The event's registration fee is \$80. For inquiries, please email [familylife@arlingtondiocese.org/women](mailto:familylife@arlingtondiocese.org/women) or call (703) 841-2550.



## Help for Troubled Marriages

Marriage Help -- Retrouvaille has helped thousands of couples at all stages of disillusionment or misery in their marriage. For confidential information about how to register for the program beginning on the weekend of February 17, 2023. Please call 703-351-7211 or visit [www.HelpOurMarriage.org](http://www.HelpOurMarriage.org).

## Ayuda para matrimonios con problemas

Retrouvaille ha ayudado a miles de parejas en todas las etapas de desilusión o miseria en su matrimonio. Para obtener información confidencial sobre cómo inscribirse en el programa que comienza el fin de semana del 17 de febrero de 2023. Por favor llame al 703.351.7211 o visite [www.HelpOurMarriage.org](http://www.HelpOurMarriage.org).





# Community | Comunidad



Reflect on the many paths to peace this Lent!

SATURDAY, MARCH 18, 2023

St. Paul VI Catholic High School, Chantilly, VA



MORNING OF LENTEN REFLECTION  
& RENEWAL

CONTINENTAL BREAKFAST - SPEAKERS  
FELLOWSHIP - PRAYER

8:00 AM - 12:30 PM

*"Be At Peace"*

Keynote Speaker:

Brother Mickey McGrath, OSFS

Artist, Author, Storyteller & Retreat Director

*"Crooked Paths to Peace"*

Sister Susan Louise Eder, OSFS

*"Finding Peace Amidst Everyday Busyness"*

Dr. Tom Opfer



[Register at oblates.org](https://oblates.org)



Brother Mickey McGrath, OSFS



Sister Susan Louise Eder, OSFS



Dr. Tom Opfer

# Service | Servicio

## Help the Kids at Laurel Learning Center Have a Great Birthday

Birthday Gift tags for the children at the Laurel Learning Center are available on the hallway counter after all masses this weekend. Please take a tag, purchase and wrap the present, and return it to the Parish by Sunday, February 19.

Thank you for making a child's birthday special!

## Ayude a los niños del Centro de Aprendizaje Laurel a tener un gran cumpleaños

Etiquetas de regalo de cumpleaños para los niños en el Centro de Aprendizaje de Laurel están disponibles después de todas las misas de este fin de semana en el mostrador del pasillo. Por favor tome una etiqueta, compre y envuelva el regalo, y devuélvalo a la Parroquia antes del domingo, 19 de febrero.

¡Gracias por hacer especial el cumpleaños de un niño!



## All Saints Catholic Church Car Raffle Underway

The staff at All Saints Catholic Church has recently mailed out tickets for its annual Car Raffle to some of our parishioners. SJN has participated in this raffle for the last few years. This year, they are raffling off four vehicles, a \$20,000 cash drawing, and additional cash drawings. As the Department of Charitable Gaming requires, you will notice that the ticket returns are being processed at All Saints Catholic Church again this year. The raffle continues to benefit charitable causes throughout the diocese, as it has in the past. This year St. John Neumann plans to support two Oblate parishes: our sister parish Niño Jesús (in Ecuador) and Jesus the Worker (in Florida), as well as Our Lady of the Blue Ridge, Madison, all of whom serve our brothers and sisters in need. If you do not receive tickets in the mail by mid-February and would like tickets or need additional tickets, please reach out to Mary Beth Morrow at [mb\\_morrow@msn.com](mailto:mb_morrow@msn.com). Thank you for supporting the car raffle!

## Rifa de coches de la Iglesia Católica de Todos los Santos en marcha

Los boletos para la rifa anual de autos de la Iglesia Católica de Todos los Santos han sido enviados recientemente por correo a algunos de nuestros feligreses. Esta es la misma rifa en la que hemos participado en los últimos años. Este año, se rifarán cuatro vehículos, un sorteo de \$20,000 en efectivo y sorteos adicionales en efectivo. Como lo requiere el Departamento de Juegos de Caridad, usted notará que las devoluciones de boletos se están procesando en la Iglesia Católica de Todos los Santos de nuevo este año. La rifa sigue beneficiando a causas benéficas en toda la diócesis, como lo ha hecho en el pasado. Este año, St John Neumann planea apoyar a dos parroquias oblatas: nuestra parroquia hermana Niño Jesús (en Ecuador) y Jesús Obrero (en Florida), así como Our Lady of the Blue Ridge, Madison, todas las cuales sirven a nuestros hermanos y hermanas necesitados. Si usted no recibe los boletos en el correo a mediados de febrero y desea boletos o necesita boletos adicionales, por favor póngase en contacto con Mary Beth Morrow en [mb\\_morrow@msn.com](mailto:mb_morrow@msn.com). ¡Gracias por apoyar la rifa de autos!



Ford Bronco Sport



Ford Escape



Ford Mustang



Ford Ranger Truck

Pictures represent the vehicles in the raffle but are not actual raffle vehicles. They are for illustrative purposes only.

Las imágenes representan los vehículos de la rifa, pero no son vehículos reales de la rifa. Sólo tienen fines ilustrativos.

# Service | Servicio



# Mardi Gras



**February 21 from 5:30pm - 8:00pm**

**We are planning for Eat-in or Take-out options**

**Tickets sales THIS WEEKEND...tickets go fast so get them early!**

Come enjoy a delicious home-cooked meal, wine/beer/soda, music, and fellowship.

**Silent Auction:** we still need goods and services donations. Please contact our WorkCamp Stakeholder, Nick Buck ([nvbuck@verizon.net](mailto:nvbuck@verizon.net)), to donate items.

**21 de Febrero de 5:30pm - 8:00pm**

**Estamos planeando opciones para comer aqui o llevar.**

**Venta de boletos EL PRÓXIMO FIN DE SEMANA, 4 de febrero de 2023...los boletos se van rápido, ¡así que consíguelos pronto!**

Disfrute de una deliciosa comida casera, vino/cerveza/soda, música y compañerismo.

**Subasta silenciosa:** todavía necesitamos donaciones de bienes y servicios. Por favor, póngase en contacto con nuestro WorkCamp Stakeholder, Nick Buck ([nvbuck@verizon.net](mailto:nvbuck@verizon.net)), para donar artículos.

## From The Parish Nurse: Are You a Nurse? Have You Considered Faith Community Nursing?

I know that there are many practicing registered nurses out there but have you ever considered Faith Community Nursing (Parish Nursing) as part of your professional education? Faith Community Nursing is an ANA specialty practice in nursing with its Scope and Standards of Practice. It differs from traditional clinical nursing in that it is not "hands on clinical or physician directed care." Instead, the focus is pastoral care, advocacy, counseling, education, resources, and referrals for parishioners and the greater community support, all in the context of one's faith tradition. Parish Nursing also requires a strong clinical background and excellent communication skills. Educational programs are available both in Virginia and Washington, D.C. For more information, please e-mail me at [sinfeld@saintjn.org](mailto:sinfeld@saintjn.org). If you are an RN, I encourage you to prayerfully consider if God is calling you to this unique professional and vocational area of nursing.

## De la Enfermera Parroquial: ¿Es usted enfermero? ¿Ha pensado en la enfermería comunitaria?

Sé que hay muchas enfermeras registradas en ejercicio, pero ¿alguna vez has considerado la Enfermería Comunitaria de Fe (Enfermería Parroquial) como parte de tu educación profesional? La Enfermería Comunitaria de Fe es una especialidad de enfermería de la ANA con su Alcance y Estándares de Práctica. Se diferencia de la enfermería clínica tradicional en que no es una "atención clínica práctica o dirigida por un médico". En su lugar, se centra en la atención pastoral, la defensa, el asesoramiento, la educación, los recursos y las derivaciones para los feligreses y el apoyo de la comunidad en general, todo ello en el contexto de la propia tradición religiosa. La enfermería parroquial también requiere una sólida formación clínica y excelentes habilidades de comunicación. Hay programas educativos disponibles tanto en Virginia como en Washington, D.C. Para obtener más información, envíeme un correo electrónico a [sinfeld@saintjn.org](mailto:sinfeld@saintjn.org). Animo a todos los RN a considerar en oración si Dios les está llamando a esta área profesional y vocacional única de la enfermería.

## The St. John Neumann Meals Ministry Needs Your Help

The St. John Neumann Meals Ministry needs more volunteers. This wonderful group prepares meals for parishioners who are ill or in an emergency. Joining the ministry is a short-term commitment. Please contact Diane Trentacoste at [dftbiz@gmail.com](mailto:dftbiz@gmail.com) for further information or to add your name to the list of volunteers. Thank you!

## El Ministerio de Comidas de St. John Neumann necesita su ayuda

El Ministerio de Comidas de St. John Neumann necesita más voluntarios. Este maravilloso grupo prepara comidas para los feligreses que están enfermos o en una emergencia. Unirse al ministerio es un compromiso a corto plazo. Por favor, contacta con Diane Trentacoste en [dftbiz@gmail.com](mailto:dftbiz@gmail.com) para más información o para añadir tu nombre a la lista de voluntarios. Muchas gracias.



## Celebrating Our Saints | Celebración de nuestros santos

This year, we revived our tradition of holding receptions after the 9:00am Mass on St. John Neumann's Feast Day, January 5, and St. Francis de Sale's Feast Day, January 24. This time allowed all who attended to reflect on the significance of those Saints to SJN while also enjoying each other's company.

Este año, hemos recuperado nuestra tradición de celebrar recepciones después de la misa de las 9:00 de la mañana el día de la fiesta de San Juan Neumann, el 5 de enero, y el día de la fiesta de San Francisco de Sales, el 24 de enero. Este momento permitió a todos los asistentes reflexionar sobre la importancia de estos santos para el SJN, al tiempo que disfrutaban de la compañía de los demás.



## This Week at a Glance

### Sunday, February 5

8:30am KofC Charity Breakfast

### Monday, February 6

10:00am Road to Emmaus

7:30pm Lectio for Lectors and Others

### Tuesday, February 7

10:00am Resetting Our Spiritual GPS

7:30pm RCIA

### Wednesday, February 8

2:00pm Farmers Market

7:00pm Resetting Our Spiritual GPS

7:30pm Wedding Workshop

### Thursday, February 9

10:00am Touchstones

3:00pm Adoration

6:00pm Legion of Mary

### Friday, February 10

6:00pm Black History Month Celebration

7:00pm Al-Anon

### Saturday, February 11

*Mardi Gras Ticket Sales All Day*

*Car Raffle Ticket Sales Before and After 5:00pm Mass*

6:00pm SJN New Member Reception

8:00pm Grupo de oración en español

### Sunday, February 12

*Mardi Gras Ticket Sales All Day*

*Car Raffle Ticket Sales All Day*

8:30am Hospitality

See our website at [www.saintjn.org](http://www.saintjn.org) for a complete list of all activities.



St. John Neumann, Pray for Us!  
¡San Juan Neumann, ruega por nosotros!

St. Francis de Sales, Pray for Us!  
¡San Francisco de Sales, ruega por nosotros!