

During Black Catholic History Month, we are encouraged to learn more about and celebrate the history of Black Catholics. Below is a **brief** list of resources for both adults and children to extend our knowledge of Black women and men who are exceptional examples of living out our Catholic faith. In addition, the list includes resources that examine the history of Black Catholics within the Church:

On-line resources:

Catholic University of America – American Catholic History Classroom:

- African American Catholics - <https://cuomeka.wrlc.org/exhibits/show/fcc>
- The Catholic Church, Bishops, and Race in the Mid-20th Century - <https://cuomeka.wrlc.org/exhibits/show/the-catholic-church--bishops-->
- Black Catholic History month - <https://cultural.catholic.edu/resources/bchm.html>

African American Affairs: the official voice of the African American Catholic community, a subcommittee of the U.S. Council of Catholic Bishops -

<https://www.usccb.org/committees/african-american-affairs>

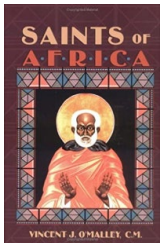
Stories of Holiness in Our History...Stories of faith, hope, joy, and resilience in the Black American Catholic community, to inspire and challenge us today -

<https://seattleu.padlet.org/lopezjo/x97i7auk0m7n3lx8>

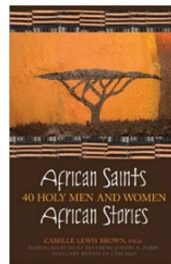
The National Black Catholic Congress – Black Catholic History Timeline -

<https://nbccongress.org/black-catholic-history-timeline/>

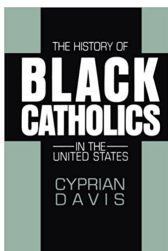
Books:



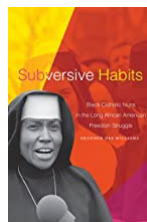
Saints of Africa by Vincent J. O'Malley, C.M. Father O'Malley presents stories of Christian heroes and heroines of African origin or African descent.



African Saints.....African Stories by Camille Lewis Brown, Ph.D. A brief biography, a Scripture passage, a prayer and reflection question for each declared saint, blessed, or venerable in the Catholic Church, as well as "saints in waiting,"



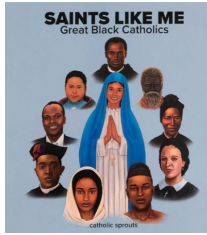
The History of Black Catholics in the United States by Cyprian Davis. The first full length treatment of the Black Catholic experience in U.S.



Subversive Habits by Shannon Dee Williams. The first full history of Black Catholic nuns in the United States.

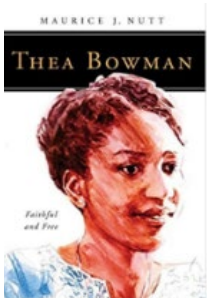
For Children:

Early Elementary:



Saints Like Me: Great Black Catholics (board book)
Features Black Catholics from all over the world with a short bio for each featured individual.

Middle School:



Thea Bowman: Faithful and Free by Maurice J Nutt CSsR
Part of the *People of God* series/ Sister Thea Bowman is recognized by more and more people as one of the most inspiring figures in American Catholic history.



Black Catholics on the Road to Sainthood by Michael H Heinlein
Biographies of and personal reflection from diverse contributors on the six Black Catholics from the U.S. who are beings considered for canonization.

High School:



Thea Bowman In My Own Words published by Ligouri Press
In her own words, the author shares her insightful reflections and her rich cultural heritage and spirituality.

Servant of God Sr. Thea Bowman addresses the USCCB in 1989 -

<https://www.youtube.com/watch?v=uOV0nQkjuoA&t=84s>

For Families:

Diversify your “saint knowledge” here are some Saints to get you started:

- [St. Josephine Bakhita](#)– patron Saint against human trafficking
- [St. Martin de Porres](#)– patron Saint of social justice & people of mixed race
- [St. Monica](#)– patron Saint of wives and abuse victims
- [St. Augustine](#)– patron Saint of theologians
- [Saints Perpetua and Felicity](#)– patron Saints of expectant mothers
- [Saint Benedict The Moore](#)– patron Saint of Black Americans
- [St. Moses The Black](#)– patron Saint of Africa
- [St. Kizito](#)– patron of children and primary schools
- [St. Charles Lwanga](#) –African Catholic Youth Action, converts, torture victims
- [St. Elesbaan](#)– King of Ethiopia

Use this graphic to create a family litany of those saints about whom you have learned:

<https://drive.google.com/file/d/1drH6pY9OMPG0Or2MJJ-aylGW2Bx2cdsa/view>

USCCB lesson on racism for primary grade students focused on Venerable Father Augustus Tolton:
<https://www.usccb.org/issues-and-action/human-life-and-dignity/racism/upload/grade-1-resource.pdf>