



St. John Neumann
Middle School Faith Formation

**ROOTED IN THE MASS:
THE PARTS OF
THE MASS**

INTRODUCTION

There is a specific order to the Catholic Mass. Any Catholic church you go to in the entire world will follow the same order and contain most of the same parts. There are a few places where the individual church or priest can decide between options, but there is still the same general formula that is put together to be the Mass.

The Mass has two main parts:

- **Liturgy of the Word**
- **Liturgy of the Eucharist**

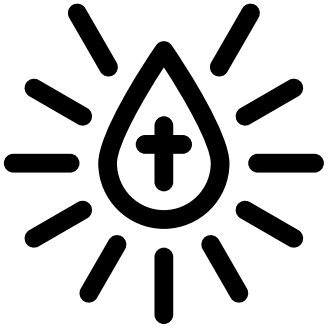
This book outlines the order of the Mass and the parts of the Mass as they are generally done at our St. John Neumann Church. Some words are bolded and underlined, indicating that more information can be found in the back of this book. Follow along and participate as we are called to do at Mass!

KEY:

- **Words spoken by the priest, deacon, lector, or other minister.**
- **Words spoken by the people present at the Mass.**

BEFORE MASS BEGINS

There are a few things for us to do before Mass begins..



When we enter the church, we bless ourselves with Holy Water as a remembrance of our baptism and to prepare us to more fully celebrate the Mass.



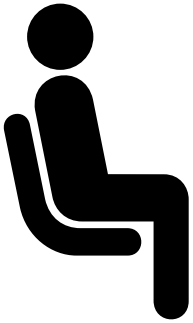
When we get to our pew, we genuflect to the Tabernacle where Jesus is physically present in the Eucharist to show respect and humility.



A representative of our community comes to the LECTERN and welcomes everyone. They do NOT speak from the AMBO because they are not proclaiming Scripture and Mass has not yet begun.

SIT / STAND / KNEEL

Every action and word during the Mass has significant meaning. This includes our actions.



Sitting is a posture of listening. We sit, ready to hear and receive.



Standing has been a posture of prayer for Jewish people since before the time of Jesus. Standing is also used as an added sign of respect for what is happening during various parts of the Mass.



Kneeling is a sign of humility, respect, and adoration.

INTRODUCTORY RITES

ENTRANCE

The PRESIDER is the priest or bishop who leads Mass and is representing and acting in the person of Christ during the Mass. They, along with any deacons, ministers, and servers process to the altar while we sing a song of praise.



GREETING

The priest (or PRESIDER) greets those present.

- In the name of the Father, and of the Son, and of the Holy Spirit.
- [make the Sign of the Cross] Amen.
- The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.
- And with your spirit.



PENITENTIAL ACT

At SJN, we usually use this option for weekend Mass.

- Lord, have mercy.
- Christ, have mercy.
- Lord, have mercy.
- Lord, have mercy.
- Lord, have mercy.
- Christ, have mercy.
- Lord, have mercy.
- May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.
- Amen.



GLORY TO GOD

These words of praise are usually sung. This part is not done during Advent or Lent.

Glory to God (Glory to God, Glory to God) in the highest, and on earth (peace on earth) peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory. Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand (the right hand) of the Father, have mercy on us.

For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen.

COLLECT (Opening Prayer)

The priest prays on behalf of those present and invites us to pray. We respond: **Amen.**



LITURGY OF THE WORD

FIRST READING

A LECTOR proclaims the first reading from the ambo. This is usually from the Old Testament. After the reading the lector concludes: **The Word of the Lord!**

We respond: **Thanks be to God.**

RESPONSORIAL PSALM

This is a passage from the book of Psalms and is usually sung. The leader of the song sings the verses and we respond with the refrain.

SECOND READING

A LECTOR proclaims the second reading from the ambo. This is from the New Testament. After the reading the lector concludes: **The Word of the Lord!**

We respond: **Thanks be to God.**

GOSPEL ACCLAMATION

Everyone stands while singing praise of Alleluia (except during Lent).



GOSEL

A priest or deacon proclaims a reading from the Gospels from the ambo. We begin with this dialog:

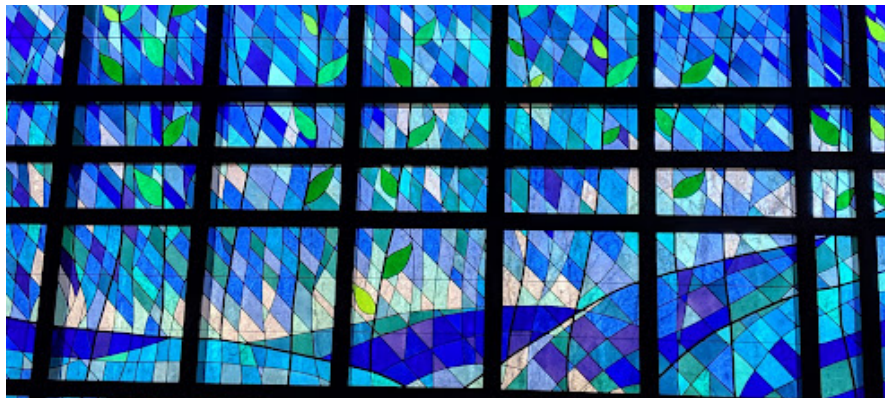
- The Lord be with you.
- And with your spirit.
- A reading from the holy Gospel according to _____ (Matthew, Mark, Luke, or John)
- [We trace the cross on our foreheads, mouths, and hears as we pray that the Word of God be forever on our minds, on our lips, and in our hearts.] Glory to you, O Lord.

After proclaiming the Gospel:

- The Gospel of the Lord
- Praise to you, Lord Jesus Christ.

HOMILY

Everyone sits and listens to the priest or the deacon give insight on the readings and how we should live based on what we've heard.



PROFESSION OF FAITH

We stand and pray together. Usually we pray the Nicene Creed (found below) though sometimes the Apostles Creed is used instead.

I believe in on God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, [we bow here and remain so] and by the Holy Spirit was incarnate of the Virgin Mary, and became man. [return to a standing position] For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess on Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.



PRAYERS OF THE FAITHFUL

A lector presents the needs of the community to God as we pray prayers of petition. After each individual petition, there is usually a dialog such as this one:

- We pray to the Lord.
- Lord hear our Prayer.



LITURGY OF THE EUCHARIST

PRESENTATION OF THE GIFTS

The gifts of bread and wine are brought to the altar, usually by members of the church community.



PREPARATION OF THE GIFTS

We sing a hymn while the collection basket is passed around and those attending Mass choose to put a contribution of money into the basket to help support the work and upkeep of the church. During this time, the priest prepares the altar through prayer. We usually don't hear this prayer during weekend Mass.



EUCHARISTIC PRAYER

PREFACE

We stand and pray in thanksgiving to God the Father.

- The Lord be with you.
- And with your spirit.
- Lift up your hearts.
- We lift them up to the Lord.
- Let us give thanks to the Lord our God.
- It is right and just.

HOLY, HOLY, HOLY

These words of praise are usually sung.

Holy, Holy, Holy, Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. (Hosanna in the highest.)

FIRST HALF OF PRAYER (including CONSECRATION)

The priest asks God the Father to send down the Holy Spirit over the gifts of bread and wine so that they become the Body and Blood of Christ. This change is called

TRANSUBSTANTIATION.

MYSTERY OF FAITH

We remember how Jesus saved us while we proclaim (this is usually sung or chanted):

- The mystery of faith;
- When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until You come again.



SECOND HALF OF PRAYER (ending with DOXOLOGY)

The priest concludes with this final doxology (this is usually sung or chanted):

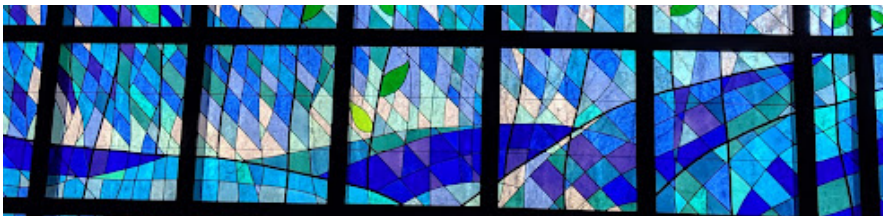
- Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever.
- Amen. (Amen. Amen.)

THE LORD'S PRAYER

As we prepare to receive Christ through Holy Communion, we stand and pray together the words that Jesus taught us:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

- Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.
- For the kingdom, the power and the glory are yours now and forever.



SIGN OF PEACE

We unite together in the peace of Jesus:

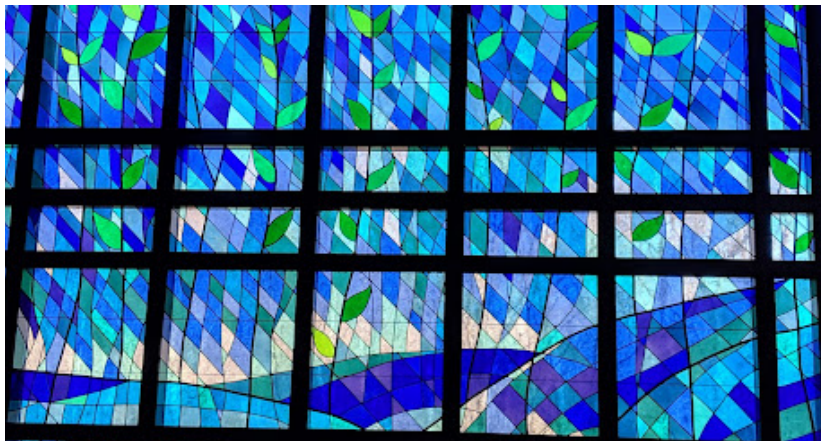
- The peace of the Lord be with you always.
- And with your spirit.
- Let us offer each other a sign of peace.
- [shake hands with those around you or offer another sign of peace such as a wave and a smile] Peace be with you.



LAMB OF GOD

The priest breaks the consecrated host as we speak, sing, or chant:

- Lamb of God, you take away the sins of the world, have mercy on us.
- Lamb of God, you take away the sins of the world, have mercy on us.
- Lamb of God, you take away the sins of the world, grant us peace.



COMMUNION

We kneel and prepare to receive the Sacrament of the Eucharist.

- Behold the Lamb of God. Blessed are those called to the supper of the Lamb.
- Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

The priest, deacons, and other EXTRAORDINARY MINISTERS receive Holy Communion.

- [walk in line to receive Communion]
- [prior to receiving, we bow to show reverence and respect]
- The Body of Christ / The Blood of Christ
- Amen [then return to kneeling in pew]

We kneel and pray after receiving Communion. We remain kneeling until after the TABERNACLE is closed.

PRAYER AFTER COMMUNION

The priest leads us in prayer. We respond, **Amen**.



CONCLUDING RITES

ANNOUNCEMENTS

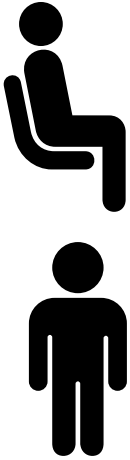
If there are multiple announcements, the priest will usually invite everyone to be seated. Sometimes there are no announcements.

FINAL BLESSING and DISMISSAL

The priest gives us a blessing. Sometimes more is included here.

- The Lord be with you.
- And with your spirit.
- May almighty God bless you, the Father, and the Son, and the Holy Spirit.
- Amen.
- The Mass has ended [the priest sends us out to live our faith]
- Thanks be to God.

We sing a final song as the priest and other ministers process out of Mass.



LOCATIONS AND WORDS TO KNOW

**This page is for the Station Leader in case there are words mentioned that you are not familiar with.*

- AMBO - The stand on the altar where Scripture is proclaimed.
- EXTRAORDINARY MINISTERS - People who administer the Sacrament of Communion during Mass.
- LECTERN - The microphone / podium near the piano.
- LECTOR - The person (or people) who read from Scripture during Mass.
- PRESIDERS - The priest or bishop who is acting in the person of Christ in offering the Mass.
- PRESIDERS' CHAIR - There is a seat called the Presider's Chair on the Altar.
- TABERNACLE - The space where the consecrated hosts (Jesus' Body) is kept if not consumed during Mass.
- TRANSUBSTANTIATION - When the bread and wine become the Body and Blood of Christ.